BreakThrough PHYSICAL THERAPY

Now Offering Centralized Scheduling
Phone/Text: 866-922-0012 | **Fax:** 833-294-8725
Live Chat: BreakThrough-PTNow.com

Patient Name: ______________________________ Phone #: ______________ Date: __________

Diagnosis or Impression: ____

ICD-10: ______________________________________ Surgery/Injury Date: __________

■ Evaluate and Treat

If you request selective intervention for this patient, please indicate below:

- ❑ **Manual Therapy/ Spinal Manipulation**
  - ❑ ASTYM
  - ❑ Dry Needling
- ❑ **Aquatic Therapy***
- ❑ Orthotic Fabrication*
- ❑ Iontophoresis
- ❑ Modalities
- ❑ **AlterG® Anti-Gravity Treadmill® Therapy***
- ❑ **Pediatrics***
  - ❑ Orthopaedic
  - ❑ Neurological
  - ❑ Occupational Therapy
- ❑ Post-operative Rehabilitation
- ❑ Therapeutic Exercises
- ❑ **Workers' Compensation Services**
  - ❑ Work Conditioning ___ Hrs/Day, ___ Days/Week
  - ❑ Job Analysis
- ❑ **Chronic Pain Strategy**
  - ❑ Pain Science Education
  - ❑ Graded Exercise/Activity
  - ❑ VR Pain Education/Management
- ❑ **Stand Up 2 Stenosis Program**
- ❑ **Women's and Men's Specialty Health***
  - ❑ Urinary Incontinence
  - ❑ Fecal Incontinence
  - ❑ Chronic Prostatitis/Chronic Pelvic Pain Syndrome
  - ❑ Rectal Pain
  - ❑ Pelvic Pain
  - ❑ Pregnancy Related Pain

❑ Other: ____

Other Services:

❑ Massage Therapy* ❑ Personal Training* ❑ Dance Specialty Rehabilitation* ❑ Medical Therapeutic Yoga*

Specific Instructions:

❑ Avoid/Precautions: ____

____

Comments: ____

____

I certify that the treatment is medically necessary and will be reviewed every 30 days.

Referring Provider's Signature: ____

Please print name: ______________________________ Date: ____________

*Offered only at select clinics

Medicare requires a physician's signature on the Plan of Care (POC), which will be faxed to you as part of the Initial Exam summary – please fax back promptly. Thank you!

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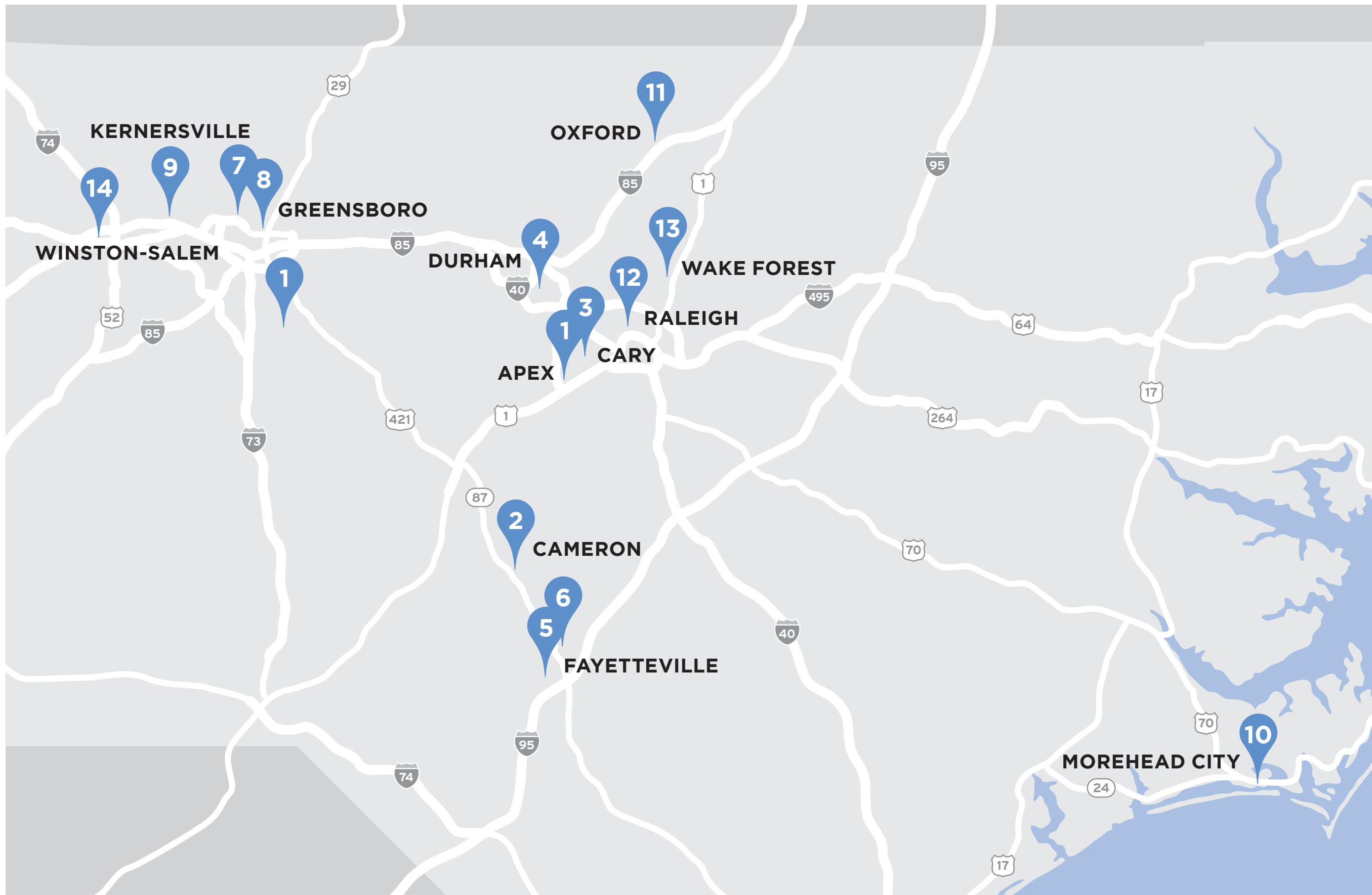

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1 Apex
1051 Pemberton Hill Rd., Suite 201
Apex, NC 27502
919-363-3640
Fax: 919-363-3642

2 Cameron
1562 Highway 24/87
Cameron, NC 28326
910-436-4545
Fax: 910-497-2222

3 Cary
981 High House Rd.
Cary, NC 27513
919-388-0111
Fax: 919-388-8668

4 Durham
1821 Martin Luther King Jr. Pkwy.
Durham, NC 27707
919-748-4980
Fax: 919-816-2012

5 Fayetteville Owen Dr.
1712 Owen Dr.
Fayetteville, NC 28304
910-483-9300
Fax: 910-483-9302

6 Fayetteville Ramsey St.
4140 Ramsey St., Suite 110
Fayetteville, NC 28311
910-920-4903
Fax: 910-920-4910

7 Greensboro Braxton Ln.
2105 Braxton Ln., Suite 101
Greensboro, NC 27408
336-458-3694
Fax: 336-660-6422

8 Greensboro Yanceyville St.
1591 Yanceyville St., Suite 400
Greensboro, NC 27405
336-274-7480
Fax: 336-274-8903

9 Kernersville
853 Old Winston Rd., Suite 115
Kernersville, NC 27284
336-310-0750
Fax: 336-310-0755

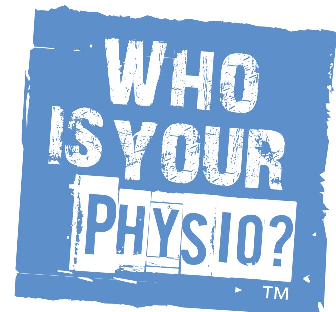
10 Morehead City
303 North 35th St.
Morehead City, NC 28557
252-247-2738
Fax: 252-240-3882

11 Oxford
110 Main St.
Oxford, NC 27565
919-853-7183
Fax: 919-853-7184

12 Raleigh
4701 Creedmoor Rd., Suite 107
Raleigh, NC 27612
919-676-2001
Fax: 919-676-0023

13 Wake Forest
2824 Rogers Rd., Suite 102
Wake Forest, NC 27587
919-229-8363
Fax: 919-229-8356

14 Winston-Salem
1541 Westbrook Plaza Dr.
Winston-Salem, NC 27103
336-765-4703
Fax: 336-765-1396



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